

Woodstock Tennis Academy

at Woodstock Tennis Club



Coaching for Adults

For bookings please email woodstockltc@gmail.com

Monday 13th September – Saturday 11th December 2021

(12 weeks, excl. Oct half-term)

Costs for the 12-week term:

Woodstock Club Members: 12 x 1 hr sessions £84

Non-Members: 12 x 1 hr sessions £126

New members joining after the term has started will be offered a *pro rata* price for the number of weeks remaining

Cardio Tennis
<i>Great fun and great exercise. Bounce to the beat of the music. No tennis skills required.</i>
Monday 9.15 – 10.15 Rachel
Diagnostic Drills
<i>Geared towards players with experience. The focus is on strategy and conditioned practice.</i>
Monday 10.30 - 11.30 Rachel
Doubles Tactics and Positional Play
<i>Geared towards the rusty and improving</i>
Saturday 9.00 – 10.00 am Allan